What is the solution word?

Look closely at the given pattern. Follow the same path in the grid with the letters and find the solution word. Then write the word in the line.

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  E K L E A
  S Q N R E
  C U I R O
  H A P D U

  S A D I L
  F C O L E
  E O S N N
  C R I O R

  T R F L A
  T E E Y N
  T U M T C
  R B D S H
```